

Male

Position	Name	AG	Club	7k	10k	Overall
1	Rob James	Men	Royton Road Runners	0:24:53	0:34:28	0:59:21
2	Michael Mannings	Men	Oldham & Royton Harriers	0:25:38	0:37:24	1:03:02
3	Tony Muir	Seniors M30	Oldham & Royton Harriers	0:25:55	0:37:49	1:03:44
4	Paul Joyce	Seniors M35	Royton Road Runners	0:26:53	0:37:48	1:04:41
5	Shane Reading	Seniors M40	Royton Road Runners	0:27:13	0:38:19	1:05:32
6	Nick Cuff	Men	Royton Road Runners	0:26:37	0:39:02	1:05:39
7	Chris Lowe	Seniors M45	Royton Road Runners	0:27:05	0:38:41	1:05:46
8	Owen Flage	Seniors M40	Oldham & Royton Harriers	0:27:03	0:39:19	1:06:22
9	Michael Harrison	Seniors M35	Royton Road Runners	0:27:06	0:40:00	1:07:06
10	Shaun Armstrong	Seniors M30	Royton Road Runners	0:27:21	0:40:11	1:07:32
11	Paul Quinn	Seniors M45		0:27:46	0:39:48	1:07:34
12	Neil Brock	Seniors M50	Royton Road Runners	0:28:34	0:39:55	1:08:29
13	Mark Wilde	Seniors M35	Royton Road Runners	0:28:25	0:40:05	1:08:30
14	Michael Fleming	Seniors M35	Royton Road Runners	0:27:56	0:40:34	1:08:30
15	Bernard Goodwin	Seniors M45	Royton Road Runners	0:28:06	0:40:29	1:08:35
16	Paul Anderson	Seniors M45	Oldham & Royton Harriers	0:28:50	0:40:25	1:09:15
17	Carl Cross	Seniors M35		0:28:02	0:41:37	1:09:39
18	Ian Dale	Seniors M50	Royton Road Runners	0:28:31	0:41:31	1:10:02
19	Paul Chapman	Seniors M40		0:29:44	0:40:29	1:10:13
20	Dave Hall	Seniors M55	Royton Road Runners	0:29:28	0:41:41	1:11:09
21	Eamonn Nolan	Seniors M50	Royton Road Runners	0:29:32	0:41:52	1:11:24
22	Scott Gillespie	Seniors M30		0:30:49	0:40:42	1:11:31
23	Mike Pickering	Men		0:30:17	0:41:21	1:11:38
24	Jake Holt	Teenagers (male) U18	Oldham & Royton Harriers	0:28:15	0:43:46	1:12:01
25	Dave Peart	Seniors M45	Royton Road Runners	0:31:56	0:40:05	1:12:01
26	Jack Blake	Juniors U23		0:30:02	0:42:27	1:12:29
27	Bryan Lawton	Seniors M50	Royton Road Runners	0:29:44	0:43:30	1:13:14
28	Ashley Buckley	Men		0:29:41	0:43:45	1:13:26
29	Jarrold Gritt	Men		0:30:10	0:43:26	1:13:36
30	Lee Higginbottom	Seniors M35	Royton Road Runners	0:29:46	0:43:57	1:13:43
31	Matthew Kilburn	Seniors M45	Royton Road Runners	0:30:48	0:43:24	1:14:12
32	Carl O'Callaghan	Seniors M40	Royton Road Runners	0:30:42	0:43:32	1:14:14
33	Jason Keast	Seniors M45	Royton Road Runners	0:30:06	0:44:20	1:14:26
34	Stuart Hulme	Seniors M35	Royton Road Runners	0:30:37	0:44:00	1:14:37
35	John Williamson	Seniors M40	Royton Road Runners	0:30:56	0:43:56	1:14:52
36	Joseph Tolson	Seniors M30		0:30:13	0:44:42	1:14:55
37	Mark Brynes	Seniors M35	Royton Road Runners	0:31:37	0:44:22	1:15:59
38	Adrian Priestley	Seniors M40		0:31:34	0:44:28	1:16:02
39	Nigel Harrison	Seniors M45		0:32:06	0:45:12	1:17:18
40	Antony Poole	Seniors M55	Oldham & Royton Harriers	0:32:13	0:45:09	1:17:22
41	John Higgins	Seniors M60	Royton Road Runners	0:31:40	0:45:48	1:17:28
42	Michael Wildbore	Seniors M35	Royton Road Runners	0:33:37	0:43:58	1:17:35
43	Adrian Marshall	Seniors M35	Royton Road Runners	0:32:07	0:45:50	1:17:57
44	Ali Kulia	Juniors U23		0:30:46	0:47:26	1:18:12
45	Garry Bower	Seniors M45	Royton Road Runners	0:32:26	0:46:21	1:18:47
46	Darren Mannings	Seniors M45	Oldham & Royton Harriers	0:33:02	0:45:55	1:18:57
47	Bernard Cassidy	Seniors M55	Royton Road Runners	0:32:24	0:46:35	1:18:59
48	Carl Chambers	Seniors M45	Saddleworth Runners	0:32:21	0:46:45	1:19:06
49	Ronnie Garrod	Seniors M40	Royton Road Runners	0:32:55	0:46:52	1:19:47
50	Harry Crompton	Seniors M60		0:33:15	0:47:29	1:20:44
51	Derek Atherton	Seniors M60	Oldham & Royton Harriers	0:32:59	0:47:50	1:20:49
52	Paul Cooke	Seniors M50	Royton Road Runners	0:33:19	0:48:03	1:21:22
53	Christopher Liddle	Seniors M30		0:34:10	0:48:12	1:22:22
54	Phil Craven	Seniors M50		0:34:39	0:48:15	1:22:54
55	Mark Bebbington	Seniors M45	Rochdale Triathlon Club	0:34:19	0:48:45	1:23:04
56	Dominic Edwards	Seniors M40	Saddleworth Runners	0:34:41	0:48:56	1:23:37
57	Ray Williams	Seniors M50	Royton Road Runners	0:34:49	0:48:57	1:23:46
58	Chris Hawley	Seniors M45	Saddleworth Runners	0:35:12	0:48:37	1:23:49
59	Stephen Rogowskyj	Seniors M55	Royton Road Runners	0:35:20	0:48:36	1:23:56
60	Stephen Shelley	Seniors M55		0:34:36	0:49:23	1:23:59
61	Nick Mallon	Seniors M35	Royton Road Runners	0:35:53	0:48:21	1:24:14
62	John Keating	Men		0:34:49	0:49:30	1:24:19

63	David Phillips	Seniors M70	Royton Road Runners	0:34:53	0:49:36	1:24:29
64	Matthew Smith	Seniors M35		0:36:08	0:48:29	1:24:37
65	Barry Cunliffe	Seniors M65		0:36:21	0:49:26	1:25:47
66	John Charles Heathcote	Seniors M60	Saddleworth Runners	0:35:59	0:50:13	1:26:12
67	Robin Wright	Seniors M40		0:35:54	0:51:01	1:26:55
68	John Fay	Seniors M35		0:35:41	0:51:39	1:27:20
69	Mike Mudd	Seniors M35		0:37:25	0:52:09	1:29:34
70	Martin Jones	Men	Royton Road Runners	0:37:39	0:52:17	1:29:56
71	David Nixon	Seniors M45		0:38:30	0:51:30	1:30:00
72	Ben Ruscillo	Seniors M50	Royton Road Runners	0:37:10	0:53:02	1:30:12
73	Stephen Jones	Seniors M60	Royton Road Runners	0:37:07	0:54:12	1:31:19
74	Robert Nixon	Seniors M60		0:39:56	0:52:43	1:32:39
75	Ben Coombs	Seniors M35	Rochdale Triathlon Club	0:39:56	0:55:26	1:35:22
76	Rex Shepherdson	Seniors M50	Saddleworth Runners	0:40:01	0:57:53	1:37:54
77	Ashley King	Seniors M30		0:41:10	0:57:01	1:38:11
78	Colin Fox	Seniors M45	Rochdale Triathlon Club	0:41:00	0:57:25	1:38:25
79	Michael Marn	Seniors M50		0:41:04	0:57:27	1:38:31
80	Michael Lightfoot	Seniors M40		0:40:21	0:58:27	1:38:48
81	Chris Whiteman	Men	Royton Road Runners	0:39:44	1:00:11	1:39:55
82	Mark Heaney	Seniors M55	Royton Road Runners	0:51:02	0:50:23	1:41:25
83	Moses Wachaga	Seniors M40	OCL	0:37:02	1:04:25	1:41:27
84	Tony Greene	Seniors M70	Saddleworth Runners	0:42:46	1:00:36	1:43:22
85	Adrian Bowcock	Seniors M50	Middleton Harriers AC	0:44:43	0:59:29	1:44:12
86	Andrew Hunter-Rossall	Men	Vegan Runners	0:46:45	0:57:45	1:44:30
87	Steven Smith	Seniors M60	Rochdale Triathlon Club	0:44:04	1:01:05	1:45:09
88	Barry Cropper	Seniors M60		0:40:12	1:06:30	1:46:42
89	David Leyland	Seniors M50	Rochdale Triathlon Club	0:53:07	1:18:55	2:12:02
90	David Arran	Seniors M70		1:00:06	1:24:08	2:24:14

Female

Position	Name	AG	Club	7k	10k	Overall
1	Jennifer Bloor	Women	Royton Road Runners	0:28:08	0:40:35	1:08:43
2	Gaynor Keane	Seniors W40	Saddleworth Runners	0:30:07	0:42:53	1:13:00
3	Kirsty White	Seniors W40	Royton Road Runners	0:30:52	0:42:14	1:13:06
4	Deborah Shaw	Seniors W50	Royton Road Runners	0:31:05	0:44:17	1:15:22
5	Janet Jobey	Seniors W40	Royton Road Runners	0:32:16	0:44:30	1:16:46
6	Amy Shadbolt	Seniors W35	Saddleworth Runners	0:31:35	0:45:48	1:17:23
7	Eleanor Cliffe	Women		0:32:19	0:46:23	1:18:42
8	Natalie Fitzpatrick	Seniors W35	Royton Road Runners	0:33:04	0:46:26	1:19:30
9	Valerie Kilburn	Seniors W45	Royton Road Runners	0:32:32	0:47:13	1:19:45
10	Rochelle Evans	Seniors W40	Royton Road Runners	0:33:57	0:47:17	1:21:14
11	Shirley Tuersley	Seniors W45	Saddleworth Runners	0:32:52	0:48:33	1:21:25
12	Natalie Williams	Seniors W30	OCL	0:34:02	0:47:58	1:22:00
13	Selina McLean	Seniors W40	Royton Road Runners	0:33:53	0:48:47	1:22:40
14	Rebecca Mercer	Seniors W30	Royton Road Runners	0:34:02	0:48:40	1:22:42
15	Lisa Howarth	Women	Royton Road Runners	0:36:03	0:51:10	1:27:13
16	Clare Darraugh	Seniors W40	Royton Road Runners	0:36:33	0:51:31	1:28:04
17	Sharon Livesey	Seniors W35	Rochdale Triathlon Club	0:35:09	0:53:00	1:28:09
18	Margaret Bluer	Seniors W55	Royton Road Runners	0:36:57	0:51:56	1:28:53
19	Bogusia Karwat	Women		0:37:02	0:52:16	1:29:18
20	Katharine Harrison	Seniors W35	OCL	0:38:23	0:51:42	1:30:05
21	Susan Heaney	Seniors W55	Royton Road Runners	0:37:36	0:52:38	1:30:14
22	Eleanor Worrall	Women		0:36:40	0:54:04	1:30:44
23	Sam Taylor	Seniors W40		0:38:32	0:52:23	1:30:55
24	Chloe Clegg	Women	Royton Road Runners	0:37:52	0:53:57	1:31:49
25	Meachelle Harris	Seniors W45		0:39:19	0:52:39	1:31:58
26	Teresa Hollins	Seniors W60	Middleton Harriers	0:37:13	0:55:40	1:32:53
27	Jenny Choudhury	Women	OCL	0:38:23	0:54:53	1:33:16
28	Rose Rowson	Seniors W55	Rochdale Triathlon Club	0:39:47	0:53:58	1:33:45
29	Em Scott	Seniors W40	OCL	0:39:04	0:55:58	1:35:02
30	Samantha Swain	Seniors W40		0:39:20	0:56:35	1:35:55
31	Trudy Horoszczyk	Seniors W40		0:38:35	0:57:29	1:36:04
32	Lisa Cummins	Seniors W45	Royton Road Runners	0:41:14	0:55:24	1:36:38
33	Rachael Shuttleworth	Women	Royton Road Runners	0:39:46	0:56:56	1:36:42
34	Sarah Manton	Seniors W50	Saddleworth Runners	0:40:00	0:58:06	1:38:06

35	Sally Wood	Seniors W40	Royton Road Runners	0:41:23	0:57:31	1:38:54
36	Elaine Whitehead	Seniors W40		0:42:04	0:58:13	1:40:17
37	Vicky Sugars	Seniors W35		0:41:22	0:59:00	1:40:22
38	Nikki Mills	Seniors W35	Oldham & Royton Harriers	0:42:31	0:58:36	1:41:07
39	Diane Mundy	Seniors W50		0:42:31	0:58:45	1:41:16
40	Tricia North	Seniors W45	OCL	0:42:04	1:00:05	1:42:09
41	Liz Phillips	Seniors W35	Royton Road Runners	0:42:23	1:00:39	1:43:02
42	Maria Craven	Seniors W45		0:42:59	1:00:08	1:43:07
43	Grace Atherton	Women	Oldham & Royton Harriers	0:41:20	1:01:58	1:43:18
44	Anouska Kent	Seniors W35	OCL	0:46:25	0:58:15	1:44:40
45	Amanda Richardson	Seniors W45	Royton Road Runners	0:44:22	1:00:44	1:45:06
46	Anne Jones	Seniors W55	Royton Road Runners	0:42:35	1:02:41	1:45:16
47	Jenny O'Callaghan	Seniors W35	Royton Road Runners	0:45:33	1:02:15	1:47:48
48	Sara Smith	Seniors W35	OCL	0:44:43	1:03:08	1:47:51
49	Bernadette Ball	Seniors W60	Royton Road Runners	0:44:33	1:03:26	1:47:59
50	Jillian Heywood	Seniors W45	Royton Road Runners	0:53:08	0:57:30	1:50:38
51	Florence Niyindagiye	Seniors W40		0:46:19	1:04:26	1:50:45
52	June Allingan	Seniors W70	Royton Road Runners	0:46:45	1:05:43	1:52:28
53	Rachael Russell	Seniors W35		0:47:09	1:05:36	1:52:45
54	Tahra Amir	Seniors W40	OCL	0:49:43	1:03:08	1:52:51
55	Anita Smith	Seniors W50	Rochdale Triathlon Club	0:45:51	1:08:19	1:54:10
56	Joanne Seed	Seniors W30	OCL	0:48:22	1:06:26	1:54:48
57	Rebecca Chadwick	Seniors W30		0:48:01	1:07:27	1:55:28
58	Sheila Phillips	Seniors W65	Royton Road Runners	0:50:27	1:11:08	2:01:35
59	Jen Smith	Seniors W30		0:48:35	1:14:28	2:03:03
60	Angela Rogowskyj	Seniors W50	Royton Road Runners	0:53:08	1:18:55	2:12:03
61	Georgina Edmunds	Seniors W35	OCL	0:53:42	1:20:21	2:14:03